



**Results**  
**9th Annual**  
**JOHN FRASER MEMORIAL**  
**TIME TRIAL**



Maple Park, Illinois - April 10, 2011

Great weather for a the first outdoor MATTS-ROTY event of the 2011 season. Over two hundred racers competed on this doubled turnaround, basically flat, out and back course from Maple Park, IL. Every 30 seconds a rider started, ¼ mile after start they turned left onto country roads, then one right turn before turn-around #1, then one right turn towards turn-around #2 and from there back it was winding roads to the finish. Three fastest riders under 20 min and only 8 sec spread!! Fastest woman 2 ½ min faster then 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> only 0.8 spread!! Great rides by the fastest riders of the day. Some riders times would have been faster if they only arrived at start line a few minutes before their clock began ticking away those precious seconds and minutes. Great race, good luck racers at your next MATTS ride.

**Fastest riders:**

Place	Race #	START	RACE CLASS	FIRST	LAST	TEAM	RESULT
1	130	10:04:30	Master 40	Jeffery	Otto	Lamb Little Racing	19:48.70
2	68	9:33:30	Cat 1-2	Ryan	Freund	ABD	19:54.01
3	123	10:01:00	Cat 1-2	Bryce	Mead	ABD	19:56.86
4	125	10:02:00	Master 40	Chris	Mosora	Scarlet Fire Racing	20:19.62

**Fastest Women riders:**

Place	Race #	START	RACE CLASS	FIRST	LAST	TEAM	RESULT
1	87	9:43:00	Cat 1-2-3	Stacy	Appelwick	ABD	22:07.39
2	82	9:40:30	Cat 1-2-3	Jennifer	Harrison	Unattached	24:50.69
3	119	9:59:00	Master 50	Ann	Mattson	Freeport Bicycle Company	25:26:05
4	145	10:12:00	Master 50	Diane	Roanhaus	Midwest Masters	25:26.85

**RESULTS**

Category 1-2							
Place	Race #	START	FIRST	LAST	TEAM	RESULT	
1	68	9:33:30	Ryan	Freund	ABD	19:54.01	
2	123	10:01:00	Bryce	Mead	ABD	19:56.86	
3	74	9:36:30	Liam	Donoghue	XXx	20:26.87	
4	129	10:04:00	Reed	Oliff	Lamb Little Racing	20:34.44	
5	185	10:32:00	Curtis	Bice	ABD	21:06.69	
6	13	9:06:00	Brian	Harris	Scarlet Fire Racing	21:09.16	
7	178	10:28:30	Christian	Waterstraat	Unattached	21:20.77	
8	1	9:00:00	Rob	Jungles	ABD	21:57.12	
9	202	10:40:30	Doug	Peterson	Lamb Little Racing	22:43.47	
10	193	10:36:00	Cory	Hickman	Scarlet Fire Racing	23:42.39	
dns	17	9:08:00	Michael	Jones	PACT-Dishnetwork	Dns	
dns	139	10:09:00	Tim	Radcliff	EMC2	Dns	

**Category 3**

Place	Race #	START	FIRST	LAST	TEAM	RESULT
1	212	10:45:30	Andrew	Toftoy	Nature Factor/Finer Finish	20:23.47
2	89	9:44:00	Chris	Johnson	Mead's Bike Shop	21:47.56
3	197	10:38:00	Daniel	Madsen	ABD	21:50.00
4	31	9:15:00	Jostein	Alvestad	EMC2	22:12.25
5	186	10:32:30	Robert	Burke	PACT-Dishnetwork	22:25.23
6	47	9:23:00	Joe	Berenyi	PSIMET	22:26.83
7	109	9:54:00	Chris	Soltis	Project 5	23:10.17
8	164	10:21:30	Kyle	Tabor	Tower Racing	23:26.89
9	157	10:18:00	James	Sneddon	PSIMET	23:40.67
10	131	10:05:00	Krystian	Pac	PACT-Dishnetwork	23:58.90
11	204	10:41:30	Konrad	Witt	ABD	26:13.47
12	44	9:21:30	Stephen	Ballou		26:22.36

**Category 4**

Place	Race #	START	FIRST	LAST	TEAM	RESULT
1	51	9:25:00	John	Westergaard	Magnetrol	22:05.40
2	59	9:29:00	Tom	Dvoratchek	Spin Doctor Cyclewerks	22:27.56
3	42	9:20:30	Bill	Barnes	XXx Racing	22:28.37
4	229	10:54:00	Ryan	Fay	xXx Racing	22:37.31
5	153	10:16:00	Jerzy	Trzeciak	Unattached	22:55.24
6	65	9:32:00	James	Flechsig	ABD	22:59.60
7	33	9:16:00	Jack	Arnolde	North Branch	23:06.84
8	176	10:27:30	Michael	Wakeley	Blue Competition	23:22.80
9	35	9:17:00	Jim	Uemura	W2	23:45.94
10	8	9:03:30	Mike	Burns	ABD	23:52.80
11	198	10:38:30	Bob	Marshall	ABD	23:52.38
12	111	9:55:00	Mark	Linton	53x11 Coffee	24:17.55
13	58	9:28:30	Steven	Dehmlow	Unattached	24:43.80
14	57	9:28:00	Robert	Curtis	PSIMET	24:52.38
15	158	10:18:30	Joel	Lanphier	Project 5	25:36.73
16	140	10:09:30	Michael	Redlich	ABD	25:52.09
17	23	9:11:00	Jim	Patti	XXx	25:52.16
18	100	9:49:30	Jose	Carillo	Unattached	26:06.79
19	81	9:40:00	Keith	Halsall	ABD	26:13.70
20	4	9:01:30	Ken	Glinka	ABD	26:41.42
21	136	10:07:30	Mitchell	Piekos	Project 5	27:02.25
Dns	18	9:08:30	David	Heckelsmiller	XXx Racing	Dns
Dns	72	9:35:30	Keith	Dickson	MMTT Multisport Madness	Dns
Dns	108	9:53:30	James	Landenberger	EMC2	Dns
Dns	199	10:39:00	Francois	Millard	xXx Racing	Dns

**Master 30+**

Place	Race #	START	FIRST	LAST	TEAM	RESULT
1	223	10:51:00	Jeffrey	Otto	Lamb Little Racing	20:06.41
2	190	10:34:30	Charles	Gerlach	Lamb Little Racing	20:43.36
3	226	10:52:30	Reed	Oliff	Little Lamb Racing	21:22.64
4	24	9:11:30	Doug	Peterson	Lamb Little Racing	22:15.32
5	66	9:32:30	Rob	Jungles	ABD	22:21.87
6	83	9:41:00	Jerome	Harrison	Unattached	22:31.93
7	15	9:07:00	Cory	Hickman	Scarlet Fire Racing	23:35.73
8	134	10:06:30	Steve	Parrish	ABD	23:55.05
9	206	10:42:30	Kenneth	Dorado	Iron Cycles	26:51.81
10	126	10:02:30	Hector	Novarro	Unattached	29:10.62
11	138	10:08:30	Darren	Shu	W2	29:49.08
dns	21	9:10:00	Francois	Millard	XXx Racing	Dns

**Master 40+**

Place	Race #	START	FIRST	LAST	TEAM	RESULT
1	130	10:04:30	Jeffery	Otto	Lamb Little Racing	19:48.68
2	125	10:02:00	Chris	Mosora	Scarlet Fire Racing	20:19.62
3	12	9:05:30	Charles	Gerlach	Lamb Little Racing	20:37.06
4	191	10:35:00	Brian	Harris	Scarlet Fire Racing	21:09.76
5	88	9:43:30	Scott	Hockenberry	Unattached	22:11.30
6	174	10:26:30	Dan	Verner	PACT-Dishnetwork	22:26.38
7	154	10:16:30	Mark	Serafin	Lamb Little Racing	22:44.88
8	203	10:41:00	Andrew	Tschampa	PACT-Dishnetwork	23:20.53
9	216	10:47:30	Ziggy	Demel	PACT-Dishnetwork	23:30.79
10	220	10:49:30	Stanley	Trzeciak	PACT-Dishnetwork	23:44.69
11	2	9:00:30	Glen	McGowan		23:45.72
12	52	9:25:30	Todd	Busteed	ABD	23:51.77
13	213	10:46:00	Michael	Anderson	Vision Quest	24:26.89
14	11	9:05:00	John	Deifel	Project 5	25:08.51
15	94	9:46:30	Jeff	Kessler	Unattached	25:54.95
16	61	9:30:00	Paul	Ellsworth	ABD	26:00.49
17	90	9:44:30	David	Johnson	Unattached	26:34.22
18	201	10:40:00	Jim	Patti	XXx	26:47.85
19	54	9:26:30	Steven	Crane	ABD	26:59.46
20	39	9:19:00	Jim	Cannella	ABD	27:46.63
21	224	10:51:30	Randy	Sonkin	Unattached	28:14.85
22	231	10:55:00	John	Serrano	Bicycle Club of Lake County	33:22.32
Dns	48	9:23:30	Glenn	Beresinski	ABD	Dns

<b>Master 50+</b>						
<b>Place</b>	<b>Race #</b>	<b>START</b>	<b>FIRST</b>	<b>LAST</b>	<b>TEAM</b>	<b>RESULT</b>
1	128	10:03:30	Dan	Norbeck	Vision Quest	20:55.63
2	194	10:36:30	James	Host	PACT-Dishnetwork	21:09.38
3	117	9:58:00	Don	Lowe	Team Mack Racing	22:03.73
4	102	9:50:30	Thomas	Kramer	Unattached	23:07.36
5	25	9:12:00	Andrew	Tschampa	PACT-Dishnetwork late start	23:34.45
6	49	9:24:00	Gordon	Broich	ABD	23:35.96
7	30	9:14:30	Tom	Altemus	Unattached	23:52.12
8	149	10:14:00	Gary	Rulo	ABD	23:59.59
9	69	9:34:00	Steve	Gage	ABD	24:29.50
10	112	9:55:30	Ronie	Lopez	Beverly Bike/VeePak	24:44.66
11	189	10:34:00	John	Deifel	Project 5	24:51.95
12	107	9:53:00	Michael	Lacy	Unattached	26:13.76
13	80	9:39:30	Michael	Haji-Sheikh	Unattached	26:26.73
14	103	9:51:00	Richard	Kryszak	South Chicago Wheelmen	26:29.46
15	192	10:35:30	Brian	Hellweg	Village-Verdigris	26:38.61
16	170	10:24:30	Dave	Trotter	ABD	27:08.12
17	150	10:14:30	Kurt	Schabell	Team Mack Racing	27:36.09
18	228	10:53:30	Franco	Panveno	Albertos	30:17.56
Dns	124	10:01:30	Joel	Molitor	ABD	Dns
Dns	127	10:03:00	William	Nedza	2CC	Dns
Dns	132	10:05:30	Scott	Pahl	ABD	Dns
Dns	195	10:37:00	Michael	Jones	PACT-Dishnetwork	Dns

<b>Master 55+</b>						
<b>Place</b>	<b>Race #</b>	<b>START</b>	<b>FIRST</b>	<b>LAST</b>	<b>TEAM</b>	<b>RESULT</b>
1	16	9:07:30	James	Host	PACT-Dishnetwork	21:29.74
2	19	9:09:00	Daniel	Madsen	ABD	21:32.64
3	98	9:48:30	Joe	King	Brazen Dropouts	22:12.17
4	162	10:20:30	Richard	Adamczyk	Midwest Masters	22:32.48
5	46	9:22:30	Ziggy	Demel	PACT-Dishnetwork	23:09.47
6	196	10:37:30	Richard	Kreutzfeldt	PACT-Dishnetwork	23:18.68
7	20	9:09:30	Bob	Marshall	ABD	23:36.71
8	205	10:42:00	Tim	Clark	W2	23:40.13
9	105	9:52:00	Gary	Kula	ABD	23:42.99
10	121	10:00:00	Craig	McKenzie	ABD	24:30.48
11	225	10:52:00	Kevin	Horvath	Team Mack	24:47.22
12	9	9:04:00	Michael	Byrnes	Project 5	25:40.31
13	147	10:13:00	Edward	Rottmann	Unattached	27:10.47
14	137	10:08:00	Mike	Pittsley	Unattached	28:55.25
15	144	10:11:30	Jose	Rios	Unattached	29:02.07
16	183	10:31:00	Robert	Wolowiec	Gazoobies International	30:34.62
17	168	10:23:30	Lance	Thornton	ABD	30:57.24

<b>Master 60+</b>						
<b>Place</b>	<b>Race #</b>	<b>START</b>	<b>FIRST</b>	<b>LAST</b>	<b>TEAM</b>	<b>RESULT</b>
1	7	9:03:00	Robert	Burke	PACT-Dishnetwork	21:40.39
2	84	9:41:30	Richard	Kreutzfeldt	PACT-Dishnetwork	22:30.79
3	95	9:47:00	Tim	Clark	W2	23:17.40
4	219	10:49:00	Richard	Adamczyk	Midwest Masters	23:22.41
5	214	10:46:30	David	Goetzinger	Big Ring Flyers	23:54.68
6	163	10:21:00	Walter	Stoops	ABD	25:19.96
7	96	9:47:30	Marian	Kielar	PACT-Dishnetwork	25:26.31
8	60	9:29:30	Thomas	Egan	ABD	26:34.21
9	97	9:48:00	Eugene	Kieronski	Unattached	31:58.38
10	91	9:45:00	Greg	Kaiser	Unattached	33:04.34
dns	106	9:52:30	Michael	Kurtz	US Army	Dns
dns	169	10:24:00	Ed	Tiles	Unattached	Dns

<b>Master 65+</b>						
<b>Place</b>	<b>Race #</b>	<b>START</b>	<b>FIRST</b>	<b>LAST</b>	<b>TEAM</b>	<b>RESULT</b>
1	146	10:12:30	Ken	Roanhaus	Midwest Masters	23:18.82
2	22	9:10:30	Gene	Nozicka	Albertos	25:17.06
3	184	10:31:30	Fred	Yoder	ABD	27:28.77
4	142	10:10:30	Edward	Rhyne	Unattached	28:11.13
5	175	10:27:00	Rich	Vichotka	Midwest Masters	29:09.40
6	93	9:46:00	Bill	Kallas	ABD	29:14.73
2 <sup>nd</sup> ride	200	10:39:30	Gene	Nozicka	Albertos	25:57.08
dns	165	10:22:00	John	Taylor	Unattached	Dns

<b>Master 70+</b>						
<b>Place</b>	<b>Race #</b>	<b>START</b>	<b>FIRST</b>	<b>LAST</b>	<b>TEAM</b>	<b>RESULT</b>
1	187	10:33:00	Robert	Burns	Team Mack Racing	24:56.24
2	135	10:07:00	Jack	Patterson	Midwest Masters	27:53.94
3	208	10:43:30	Peter	Alexander	Midwest Masters	27:57.05
4	5	9:02:00	John	Krehbiel	Midwest Masters	32:19.93
5	151	10:15:00	Don	Schiff	Unattached	35:42.29
6	182	10:30:30	Billy	Wachholz	ABD	39:06.92

<b>Master 75+</b>						
<b>Place</b>	<b>Race #</b>	<b>START</b>	<b>FIRST</b>	<b>LAST</b>	<b>TEAM</b>	<b>RESULT</b>
1	6	9:02:30	R.W.	Herbert	Midwest Masters	30:21.36
dns	177	10:28:00	Edward	Wang	Unattached	Dns

<b>Tandem</b>						
<b>Place</b>	<b>Race #</b>	<b>START</b>	<b>FIRST</b>	<b>LAST</b>	<b>TEAM</b>	<b>RESULT</b>
1	78	9:38:30	Steven/Justin	Greene/Othick	ABD	32:26.22

<b>Junior 14 &amp; under</b>						
Place	Race #	START	FIRST	LAST	TEAM	RESULT
dns	209	10:44:00	Maxx	Hall	Unattached	Dns
dns	71	9:35:00	Carter	Dickson	MMTT Multisport Madness	Dns

<b>Junior 15 – 18</b>						
Place	Race #	START	FIRST	LAST	TEAM	RESULT
1	26	9:12:30	Konrad	Witt	ABD	25:48.13
2	227	10:53:00	Kyle	Mindick	xXx Racing	27:05.71
3	141	10:10:00	Michael	Redlich, JR	ABD	27:48.28
4	161	10:20:00	Jon	Stehlik	ABD	31:51.91
Dns	73	9:36:00	Nolan	Dickson	MMTT Multisport Madness	Dns

<b>Women Junior 15 and under</b>						
Place	Race #	START	FIRST	LAST	TEAM	RESULT
1	217	10:48:00	Heidi	Stimac	Multisport Madness Triathlon Team	31:42.78
2	237	10:58:30	Gina	Johnson	Village-Verdigris	31:45.98
3	172	10:25:30	Hope	Zimmerman	Team Kenda p/b Gear Grinder	39:31.75

<b>Women Junior 16-18</b>						
Place	Race #	START	FIRST	LAST	TEAM	RESULT
1	148	10:13:30	Jaclyn	Rowe	ABD	32:00.10

<b>Women Open (1,2,3)</b>						
Place	Race #	START	FIRST	LAST	TEAM	RESULT
1	87	9:43:00	Stacy	Appelwick	ABD	22:07.39
2	82	9:40:30	Jennifer	Harrison	Unattached	24:50.69
3	79	9:39:00	Kimberly	Gialdini	PACT-Dishnetwork	26:44.99
4	188	10:33:30	Jerel	Waide	Project 5	27:14.58
2 <sup>nd</sup> ride	218	10:48:30	Kimberly	Gialdini	PACT-Dishnetwork	27:11.65

<b>Women Category 4</b>						
Place	Race #	START	FIRST	LAST	TEAM	RESULT
1	63	9:31:00	Sarah	Farsalas	ET Tri Club	26:05.04
2	75	9:37:00	Nan	Doyal	Unattached	26:18.58
3	53	9:26:00	Marie	Couris	Verdigris	26:21.65
4	34	9:16:30	Carla	Axt-Pilon	Unattached	26:56.64
5	36	9:17:30	Shawn	Uemura	Unattached	27:05.33
6	152	10:15:30	Katharine	Schnatterback	Unattached	30:09.52
7	3	9:01:00	Katie	Dumford	Endure It accidentally turnaround early assigned time.	30:09.53
dns	86	9:42:30	Katherine	Heun	ABD	Dns
dns	181	10:30:00	Kelly	Whitley	MMTT Multisport Madness	Dns

Women Master 40+						
Place	Race #	START	FIRST	LAST	TEAM	RESULT
1	67	9:33:00	Cathy	Frampton	Project 5	26:16.68
2	77	9:38:00	Christine	Palmquist	MMTT Multisport Madness	26:35.87
dns	160	10:19:30	Jacqueline	Spiller	Unattached	Dns

Women Master 50+						
Place	Race #	START	FIRST	LAST	TEAM	RESULT
1	119	9:59:00	Ann	Mattson	Freeport Bicycle Company	25:26:05
2	145	10:12:00	Diane	Roanhaus	Midwest Masters	25:26.85
3	62	9:30:30	Mimi	Fagan	Big Ring Flyers	25:46.54
4	76	9:37:30	Karen	Drennan	Team Kenda p/b Gear Grinder	26:37.68
5	227	9:45:30	Helen	Kaiser	Unattached	28:27.60
6	120	9:59:30	Victoria	McAdams	Unattached	36:33.30
dns	56	9:27:30	Bettina	Cuneo	UCVC	Dns

Women Master 70+						
Place	Race #	START	FIRST	LAST	TEAM	RESULT
1	45	9:22:00	Patricia	Beam	ABD	30:23.22

Citizen Junior 15 and under and Junior 15-5k							
Place	Race #	START	FIRST	LAST	TEAM	RESULT	
1	27	9:13:00	Alex	Koors	ABD	CM15	39:18.42
2	115	9:56:30	Justin	Lorenz	Unattached	CM15-5K	33:35.86

Citizen 30-39						
Place	Race #	START	FIRST	LAST	TEAM	RESULT
1	40	9:19:30	Jason	Silber	KGM Racing	24:10.97
2	167	10:23:00	Michael	Thomas	Unattached	24:33.00
3	10	9:04:30	Kurt	Bentsen	Unattached	25:32.11
4	41	9:20:00	Joshua	Bardell	Jet Racing	25:34.22
5	101	9:50:00	Rich	Knudsen	Unattached	25:39.98
Dns	110	9:54:30	Ben	Lin	Unattached	Dns
Dns	207	10:43:00	Frank	Gondorchin	Unattached	Dns

Citizen 40-49						
Place	Race #	START	FIRST	LAST	TEAM	RESULT
1	114	9:56:00	John	Lorenz	Unattached	23:13.26
2	29	9:14:00	Scott	Aitchison	Endure It	23:43.67
3	28	9:13:30	Daniel	Koors	Unattached	25:16.54
4	43	9:21:00	Douglas	Bauer	Village-Verdigris	27:23.49
5	85	9:42:00	Steve	Henrikson	Magnetrol	29:08.13
6	222	10:50:30	Jerry	Suski	Unattached	31:50.45
dns	70	9:34:30	Michael	Denker	Sammy's Bikes	Dns
dns	122	10:00:30	John	McMahon	Unattached	Dns
dns	143	10:11:00	Mark	Richier	Endure It	Dns
dns	159	10:19:00	Dennis	Spada	Unattached	Dns

Citizen 50+						
Place	Race #	START	FIRST	LAST	TEAM	RESULT
1	50	9:24:30	Ronald	Bryenton	Unattached	25:13.04
2	38	9:18:30	Brad	Webb	ABD	25:38.91
3	14	9:06:30	Brian	Hellweg	Village-Verdigris	26:17.24
4	221	10:50:00	Brad	Gould	Unattached	31:02.26
dns	64	9:31:30	Scott	Feigleson	Magnetrol	Dns
dns	166	10:22:30	Bob	Theodore	Unattached	Dns
dns	211	10:45:00	Don	Wostratzky	ABD	Dns

Citizen Women 15-5k and 15+						
Place	Race #	START	FIRST	LAST	TEAM	RESULT
1	156	10:17:30	Abby	Koors	ABD	CW15-5K 42:52.64
dns	113	9:56:00	Alexandra	Lorenz	MMTT Multisport Madness	CW15 Dns

Citizen Women 19-29						
Place	Race #	START	FIRST	LAST	TEAM	RESULT
1	180	10:29:30	Laura	Wheatley	Bloomington Cycle & Fitness	25:23.00
2	230	10:54:30	Andre	Van Vuren	Unattached accidentally turned around early-assigned time	27:50:00

Citizen Women 30-39						
Place	Race #	START	FIRST	LAST	TEAM	RESULT
1	118	9:58:30	Jen	Maher	Unattached	27:04.75
2	173	10:26:00	Jamie	Van Vuren	Unattached	27:48.82
3	215	10:47:00	Erika	Mennerick		33:57.35

Citizen Women 40-49						
Place	Race #	START	FIRST	LAST	TEAM	RESULT
1	37	9:18:00	Diane	Vilimek	ABD	29:26.99
2	99	9:49:00	Lori	Miller	ABD	31:15.38
dns	55	9:27:00	Laura	Crisman	Unattached	Dns
dns	116	9:57:30	Tracy	Lorenz	Unattached	Dns

Citizen Women 50+						
Place	Race #	START	FIRST	LAST	TEAM	RESULT
1			Martha	Kuhr		29:37.70
dns	179	10:29:00	Diana	Wedow	MMTT Multisport Madness	Dns

Questions on event contact: [info@abdcycling.com](mailto:info@abdcycling.com)

Questions on results contact: [ebert@abdcycling](mailto:ebert@abdcycling) or [abrlund@aol.com](mailto:abrlund@aol.com)